

Ross Neighbourhood NEWS

ISSUE 26



@The Hub goes from strength to strength as a local charity, having secured a Lottery grant of £193,000 over 3 years to continue supporting those most in need in our community.

They now have a dedicated Housing and Homelessness Support Worker, Nicola, who is available during opening hours on Monday, Thursday and Friday 8.30am-12.30pm and Wednesday 8.30am-2.30pm. She offers free, confidential and non-judgemental support to anyone facing housing difficulties in the Ross area.
(Continued on page 6)

Ross Walkers are Welcome - Annual Walking Festival 25th-27th September 2026



The Ross Annual Walking Festival takes place on the last weekend of September. A great opportunity to meet new people on our 24 varied guided walks. Walks include those for people who do not walk much and may not be very confident; short walks full of interesting information about Ross; longer, more challenging walks and even a few strenuous ones for the most energetic! All have experienced and fun walk leaders with a wealth of knowledge.

Our website has full details, including an indication of which walks welcome well-behaved dogs, and which are stile free.

Please spread the word!

Ross needs visitors to bring their spending to the local area, and this is a great event for people to come along and enjoy.

Tickets and info via Rossiter Books in town,
www.walkinginross.co.uk or email:
rosswalkingfestival@outlook.com

Volunteer. Join. Donate.
www.rosscdt.org.uk
Helpline 01989 313002

Ross In Bloom



Ross Town Council re-formed Ross in Bloom at the end of 2025 when a group of enthusiastic volunteers came together with a shared vision: to transform neglected areas of Ross-on-Wye into attractive spaces for the enjoyment of residents and visitors alike.

The group's first project was the Railway Garden at Fiveways. Work began early in the year and, thanks to the dedication of volunteers and the generosity of local businesses and individuals, the garden has been transformed. Special thanks go to Simeone Cole, who kindly brought along his digger to remove a dying hedge; Walford Timber for donating wood for a planned railway-themed feature; Bradfords for donating wood preservative and liner for planters; Ross Men's Shed; local children, with the assistance of Sarah Morton, who helped create additional features.

Ross in Bloom is always looking for new volunteers whether you have green fingers, practical skills, or simply a few spare hours, everyone is welcome. Contact Jane Gardiner: 01989 562373 community@rosstc-herefordshire.gov.uk



Ross-on Wye Cancer Support Group

We are a self-help voluntary group run by people living with, and affected by, cancer, working on a community basis to provide a safe and social environment. We meet on the first Tuesday of each month in Ross-on-Wye. For more information, contact Paul Middleton: pauldmiddleton@hotmail.com 07443 424924

Govardhan Eco Farm

Govardhan Eco Farm CIC is a small community-led environmental project in the Wye Valley, bringing together volunteers, local residents, and partner organisations to improve biodiversity and share practical green skills.

Over the past year, support from grants and volunteers has helped create wildlife habitats, plant native trees and hedgerows, improve growing areas, install rainwater harvesting systems, and develop facilities for environmental education. The project has welcomed visits from organisations including the Wye Valley National Landscape and local conservation groups, while volunteers have gained hands-on experience in conservation, composting, growing food, sustainable construction, and habitat management.

The farm continues to host small workshops and volunteer days focused on nature recovery, organic growing, and low-impact living. Looking ahead, Govardhan Eco Farm CIC hopes to expand opportunities for local people to connect with nature, learn practical skills, and take part in positive environmental action across the Ross-on-Wye area.



SUPPORTED BY

MACMILLAN
CANCER SUPPORT

LOCAL HELP • SUPPORT • INFORMATION

Together Time



The Together Time project is designed to support parents and their very young children with speech, language and communication delay. The project ran for ten weeks during the spring term in the Ross Children's Centre at The Ryefield Centre.

The stay-and-play sessions were run by a skilled early years practitioner using Makaton, visual aids, song boards and listening and attention activities. Some of the parents commented that their children are now able to sit and listen to stories, and that they have been able to identify appropriate toys and resources to support their children's development. The parents were also able to discuss their children's development and be signposted or referred to other agencies.

The project was supported by Ross Town Council who funded specialist play resources. The group is looking to start again in September. For more information, contact Jayne Evans: togethertimeross@gmail.com

Ross-on-Wye and Monmouth Sea Cadets

WE ARE TAKING ON A SPONSORED ROW

SUPPORT OUR CREW. SUPPORT OUR FUTURE.

We are rowing the length of the River Wye - 155 miles - to raise vital funds to purchase band equipment and launch our very own Sea Cadet Band!

THE CHALLENGE: THE LENGTH OF THE RIVER WYE 155 MILES!

ONE CREW. ONE MISSION. ONE BAND.

PLEASE SPONSOR US! EVERY STROKE TAKES US CLOSER TO OUR BAND

SEA CADETS - BUILDING CONFIDENCE, SKILLS AND FUTURES AT SEA. ON LAND. IN LIFE.

After 20+ years without a musical section, Ross-on-Wye and Monmouth Sea Cadets Unit are proud to announce the restart of their Unit Band.

The band is comprised of cadets of all musical abilities, with tuition being provided by instructors within the Unit. As well as helping cadets learn new skills and build confidence, another aim of the band is to strengthen links with the local community by performing at events and supporting ceremonial occasions.

We are therefore seeking support to help fund the purchase of essential band equipment and we would be hugely grateful for any sponsorship or donations:

https://www.justgiving.com/page/ross-monmouth-scc-1?utm_medium=FA&utm_source=CL

To kick start fund raising, our cadets have taken on an incredible challenge - rowing the full length of the River Wye - that's a massive 155 miles and they have so far managed to row an amazing 120 miles.

Further information, contact Erica Melton: chair-tsross@outlook.com

Citizens Advice Herefordshire

We recently interviewed one of our Adviser volunteers to hear about their experiences. They described volunteering as “as challenging as it is rewarding”, with a varied role covering face-to-face meetings, calls and emails, where “no two queries are ever the same”. They also highlighted the supportive environment, explaining it is “a fantastic way to connect with a community of fellow volunteers” who help each other through difficult cases. Reflecting on training, they said the 10-week course was demanding and at times overwhelming, but perseverance paid off as the knowledge began to click. After shadowing experienced colleagues, the highlight was “finally working independently with clients” and using their skills to make a real difference in people’s lives.



www.herefordshirecab.org.uk/get-involved-volunteer-with-us/recruitment@citaherefordshire.org.uk
Call Steph on 01432 377583

The Friends of Ross Library

We are pleased to announce The 2026 Ross Library Garden Makeover. Working with Library staff and Buildings Services at Herefordshire CC, we want to create a beautiful and engaging space for the entire community. Plans include a large awning to provide space for special events, an outdoor space to read a book or work on a tablet in the summer and a stimulating, sensory place for storytelling.



To fund this, we are applying for grants and with a generous gift from our reserves on behalf of our members, we hope to have the garden renewed in good time. We will also be organising second-hand book sales at the Market Place during the summer holiday period. Volunteers always welcome.

Find us on Facebook & Instagram
@friendsofrosslibrary
Email: forl.enquiry@gmail.com

Volunteers at work on clearing the area: David Haworth, Project Manager and Vicky Addison, Vice Chair - FORL

Shared Lives Week

Shared Lives Week 15th June, celebrated how powerful, personal and life-changing it can be. Thanks to everyone who 'Shouted out for Shared Lives' - care worth talking about.

Steph, from the Children's Team, caught up with George from Much Marcle, hearing from his Shared Lives carer, previously foster carer: "It gives me immense pleasure to see my young person achieving great things at mainstream college, sitting GCSEs and continuing in education, pushing himself beyond his comfort zone and making his own informed choices."

Another brilliant shout-out summed up Shared Lives: "I live with Shared Lives carers who support my voluntary work and my disco running!"

Newer Shared Lives carers said: "Being part of Shared Lives, we feel part of a wonderful, supportive family and Shared Days has enriched our lives immensely. It's a fantastic and rewarding feeling being able to give back to the local community".



Discover Shared Lives caring at: <https://www.herefordshire.gov.uk/sharedlives>

The Cancer Club Community Cycling Event 12-13 September 2026

The Cancer Club is hosting a Community Cycling Event, welcoming cyclists of all abilities who are affected by a cancer diagnosis, on the weekend of 12th and 13th September 2026. This year's event has been made possible by the generous support of The Card Factory and Tibico Fermentary. and Steel Wires. There will be a social gathering on the Saturday evening at Avellino Italian Restaurant, providing an opportunity to celebrate the day, connect with others, and further strengthen community bonds.



The Cancer Club is a national organisation dedicated to improving the lives of people living with and beyond cancer through fitness, friendship, and shared experiences. It works closely with local groups, including the Ross-on-Wye Cancer Support Group. Organisers hope the event will not only raise awareness of the benefits of staying active after a cancer diagnosis but also encourage new members to join both The Cancer Club and local support networks.

For more information, visit: www.thecancerclub.org.uk

Ross Swifts - Successful Swift Season

Thank you to all those who got in touch concerning swifts and who are putting up nesting boxes. Swifts have been swooping and speeding over the town and there is a group of at least 30 in the skies above my garden. At present, parent birds and juveniles are preparing for their perilous flight back to Africa in the next few weeks. Swifts are nest site faithful and always return to the same place each year. Sadly, building work and soffit renovation can destroy their nests but replacing a nest with a nesting box for when they arrive next May could help to solve the problem.

**Contact Elizabeth Shepley: swiftsinross@gmail.com
07480 764216**



Ross Rangers



It has been a busy term for Ross Rangers (girls aged 14-18). We have been out and about canoeing and camping. Some of the girls have been

volunteering with Rainbows and Brownies, and they helped to run the district event on 1st July. Three of the girls, Grace, Grace and Hope, have been accepted onto the Girlguiding Herefordshire County Trip to Iceland next year - they will be fundraising for this over the coming months.

We have spaces for new members in September and always looking for volunteers to help run our various Girlguiding units for girls aged 4-18

Contact: 07889 903013 1strossrangers@gmail.com

Register a child: <https://share.google/45r8nDdyT0v0c837o>

Website: <https://girlguidingherefordshire.org.uk/>

Ross Namutumba Twinning



Winnie Babalanda, Headteacher of Kisiki College Namutumba, and Paul Natta have flown to the UK!

They will be visiting John Kyrle High School, their link school, many local primaries that are also linked plus churches and Rotary and Lions.

They are really looking forward to re-engaging with old friends and new and bringing a new chapter in to the ongoing enduring link between Namutumba, Uganda and Ross-on-Wye.

Continued from front page



Every Wednesday at **@The Hub**, a home-cooked lunch is available to local families and individuals in need of support, advice and companionship.

Look out for the team, who will be visiting housing developments old and new (inc. Old Market Close and St Mary's Garden Village) in August!



LET'S SING TOGETHER!

We're Back! The next term commences on Monday 28th September then every Monday evening in term time, 7.30-9pm, St Mary's Hall, Ross.

Contact

cadencechoir@btinternet.com for more details or see our website.

What's On

Get involved!

Ross Rotary Annual Model Railway Exhibition 22nd & 23rd August



Ross Rotary's annual Model Railway Exhibition is to be held at John Kyrle High School on Saturday 22 August, 10am-5pm & Sunday 23 August, 10am-4pm.

There will be 20 exhibitors/ demonstrations and various traders. Refreshments available all day. Ample parking and disabled access. Adult £6, Child £5, Family £14 (2+2)

We welcome volunteers especially for this event, which is set up on 21st August from 2pm. New members are always

welcome. **Contact: Brian Cole 01594 543330 brian.sylvia@me.com**

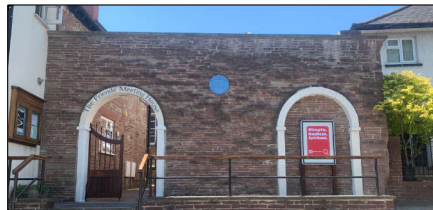
THE Phoenix THEATRE

Summer One Act Comedy Play Festival

12-15 August, 7.30pm
Poor Yorick

2-5 Sept, 7.30pm
Priceless

Theatre and bar open from 7pm. Tickets £7
<https://www.phoenix-theatre.org.uk/upcoming-events/>



Ross-on-Wye Friends

Traidcraft Coffee Morning - Saturday 26 Sept, 10am-12pm, Friends Meeting House Brampton Street, hosted by Ross-on-Wye Friends (Quakers). We would love to welcome visitors and Traidcraft coffee is good!



The National Emergency Briefing on Climate Change - 12 August, 7.00pm

The National Emergency Briefing on Climate Change is the result of leading experts and concerned citizens joining forces to encourage UK decision-makers to step up their response to the escalating climate and nature crisis, starting with a prime-time televised emergency briefing to the nation.

A wide range of groups and organisations are now using NEB materials for local screenings of the forthcoming NEB film. This is your chance, locally, to come along and see the film (45 minutes, presented by Chris Packham) and join in the discussion afterwards. St Mary's Church, Wednesday 12th August at 7.00pm.

Friends of Ross Community Hospital - Coffee Morning, 29th August



We will be holding a coffee morning on 29th August, 10am-12pm, at the Larruperz Centre, HR9 7QD, to raise funds for the Hospital. Entry £3, to include coffee/tea. Raffle, cake table, bric-à-brac and books. Please come along to support your local hospital.

VOLUNTEER

*Be part of a more
connected community.*



Midlands
Air Ambulance
Charity

Midlands Air Ambulance Charity

The Midlands Air Ambulance Charity Shop in Ross-on-Wye is seeking volunteers for their shop floor and stock room. It's a flexible, supportive way to build confidence, learn new skills, and support your community.

To get involved, visit the shop or contact Alison Hill at 0782652215, alison.hill@midlandsairambulance.com.



Ross-on-Wye & Monmouth Sea Cadets

The Ross-on-Wye & Monmouth Sea Cadets are seeking adult volunteers aged 18 and over to support youth development, offering roles in paddlesport instruction, general mentoring and adventurous training to help young people build confidence and skills. No previous experience is required as full training is provided, with flexible opportunities available to fit around work and family commitments.

Contact:
rossmonmouthsccrmc@outlook.com



Herefordshire

Volunteering with Citizens Advice Herefordshire lets you support your community while gaining skills in debt, housing, and benefits advice.

The charity provides full training and reimburses travel expenses, requiring no formal qualifications beyond good listening skills and computer literacy.

Applicants must be 16 or older and able to commit to 15 hours of weekly training, which reduces to one day per week upon completion.

To apply or find out more:
www.herefordshirecab.org.uk/get-involved-volunteer-with-us/recruitment@citaherefordshire.org.uk
Call Steph: 01432 377583

Ross Meeting Centre

Ross Meeting Centre meets every Thursday at Tudorville and District Community Centre and supports those living with dementia and their family carers. We are looking for volunteers to join us who can help prepare and serve lunches. Full training and support will be given and lunches can be simple, for example: quiche and salad, soup and a scone. We would love to hear from you if you can help. Contact Elaine Leney on 07506 992971



The Ross-on-Wye Horizon Centre has volunteer vacancies - no experience required but gardening and woodworking knowledge a plus. We are a small team of staff and volunteers - come join the fun! Contact Maria: 01989 253131
maria@horizoncentre.co.uk

Ross Community Litter Clean Up Crew

We are seeking volunteers especially those with organizational skills and transport to co-ordinate local litter picks and engage schools in environmental efforts. Interested individuals can contact Anne by calling or texting 07771 521639 or emailing rosslitter@gmail.com.

Call our Helpline 01989 31002 or email: help@rosscdt.org.uk



Children's charity, Mentor Link, works in partnership with schools, providing volunteer mentors to help children with social and emotional issues.

We would love to help more children in the Ross-on-Wye area. The children we help may be struggling with engagement in education and/or attending school, suffering with anxiety, low self-esteem, friendship or relationship issues.

All Volunteer Mentors are trained and DBS checked, with ongoing support and supervision from Worcestershire Children First Educational Psychology Team.

If you are interested in becoming a Volunteer Mentor or if you know a child who would benefit from our services, please contact Mentor Link on 01299 822336 or email enquiries@mentorlink.org.uk.



SHARED DAYS

Become a self-employed SHARED DAYS carer with Herefordshire Shared Lives. Chose who you support from your own home.

You might be matched with an older person whose carer needs a break or an adult who needs to develop independence skills. You can support someone for the day to do things they enjoy.

For further information contact the team on 01432 260798



Royal British Legion Ross on Wye & District Branch

Poppy Appeal Collectors needed to work in local supermarkets

Can you spare a couple of hours to support the Ross-on-Wye and District Branch Poppy Appeal 2026, 24 Oct - 8 Nov 2026? Email: poppyappealrow@gmail.com



Ross Good Neighbours is seeking volunteers to support vulnerable residents through befriending, home shopping, and helpline staffing.

The organization offers flexible volunteering opportunities with full support, training, and free DBS checks, aiming to assist local residents in need

Contact: 01989 313002 or email help@rosscdt.org.uk.



Friends of Ross Community Hospital

The Friends are always happy for volunteers to help with the Summer Fete and coffee mornings.

If you would like to join the list of Friends (£5) and are interested in joining the Committee, please get in touch. Contact Brian Cole: 01594 543330 brian.sylvia@me.com



Volunteer. Join. Donate.
www.rosscdt.org.uk
Helpline 01989 313002

What's On Regular Events

Get involved!

St. Marys Church HR9 5HN

Every Sunday at 09.30
St Mary's Church Service
In person and streamed live

Every 1st Wed at 13.00
Lunchtime Concert

Every 1st Sat - 10.30-12.00
Coffee & Sgwrs Coffee, tea,
homemade cakes and a chance
to chat in Welsh!
Further info: Tel: 01989 562175
www.rossparishes.uk
church notice board.

Every 3rd Sat at 9.00
**Armed Forces & Veterans'
Breakfast Club**
Tea, coffee and a chat.
Further info: Tel: 01989 565599
or email rossafvbc@gmail.com

Mondays 9.30-11.00 &
Fridays 11.30-13.00
**Mental Health Wellbeing
Support Group**
Further info: Laura Pugh,
Tel: 07802 672278

St. Marys Church Hall HR9 5HN

1st Tuesday of month
18.00-20:00
Ross Cancer Support Group
For anyone affected by cancer,
or post-cancer treatment - just
drop in for a while if you don't
want to stay for the whole
meeting.
Further info: Tel: 07501 211779
rossonwyecancergroup@gmail.com

Mondays 7.30-9pm - term time
Cadence Choir - No audition,
fun, friendly choir singing pop to
show tunes in harmony.
Contact: Fran: 07895 633732
cadencechoir@btinternet.com

The Larruperz Centre HR9 7QD

Last Sat of month - 19.30
Ross Country Music Club
Live country music to
accompany line dance or
partner dance. £5 entry
Further info: Anne Gray, email:
aegrayblue@hotmail.com

Every Friday 9.30-12.00
Information & Advice
Confidential, non-judgemental
service delivered by expert
advisors on subjects such as
welfare benefits, residential care
and local services. Free of
charge - appointment required.
Further info:
www.ageuk.org.uk/wyvern/our-services/information-advice

Ross Baptist Church Broad St HR9 7DY

Every Sunday at 10:30
Sunday Church Service
Further info:
admin@rossbaptist.org
01989 566966 rossbaptist.org

Ross Cancer Support Group Coffee Club Various locations

1st Tuesday of each month
13.00-15.00
**An informal drop in for local
people affected by cancer**
with free coffee at one of our
local Ross-on-Wye partners.
Reservation required.
Further info: Paul Middleton
rossonwyecancergroup@gmail.com
07443424924

Taurus Healthcare and Ross-on-Wye Ramblers Wellbeing Walk

Every Monday 11.00am. We meet at the Wilton Bridge lay-by.
Further info: alice.james@taurushealthcare.co.uk

Forest & Wye Community Church Henry Street HR9 7AA

First Wed of the month, 10:30
Ross Carers Group
The group provides support for
unpaid carers. Our meeting
gives those who are caring for
family members an opportunity
to speak to others who are
facing similar challenges, thus
reducing isolation, and
improving well-being.
Further info: Mark Eardley:
mark.eardley@btinternet.com
Tel: 07932 831658 or contact
Ali Field: alimay.field@btinternet.com

Every Thurs 10:00-12:00
Warm Café
All welcome for tea, coffee and
a chat plus mobile charging
facility.
Further info: Dan Hawken
dan@fcchurch.co.uk

Ross-on-Wye Library Cantilupe Road HR9 7AN

Every Tuesday 10.00-12.00
Ross Digital Café
We can help you to use your
mobile phone or computer,
whilst having a cuppa and cake!
Bring your phone, tablet, or
laptop to the café and get
individual expert help.
Further info: www.ageuk.org.uk/wyvern/activities-and-events/upcoming-events/digital-cafes/

The Larruperz Centre HR9 7QD

U3A Talks (Free to members. Non-members welcome for a small charge)

Weds 26 Aug, 2:00 pm

Presentation - Venice (Part One)

Monday 14 Sept, 2:00 pm

Presentation - Cavorite to Coaxium and other fictions by Penny Ellis.

Monday 21 Sept, 2:30 pm

Meeting - In and Out at the Top - Neil Hanson

Wednesday 23 Sept, 2:00 pm

Presentation - The War of Three Kingdoms (English Civil War)

Monday 12 Oct, 2:00 pm

Presentation - Radio Astronomy and Radio Telescopes - by Norman Pomfret.

Monday 19 Oct, 2:30 pm

Open Afternoon for the Public

Wednesday 28 Oct, 2:00 pm

Presentation - Sparta

Info: www.ross.u3asite.uk

Civic Society Events

Wednesday 9th Sept 7:30pm

Talk by David Howerski, **The Open Spaces Society: Preserving Commons and Public Rights of Way.**

Wednesday 14th Oct, 7:30pm

Talk by Heather Hurley:

Railways of Herefordshire and South Marches.

Contact: Mark Eardley:

mark.eardley@btinternet.com

07932 831658 **Non members £5**

@The Hub Corpus Christi Lane HR9 7AE

Mon, Thurs, Fri 8:30-12:30, Wed 8:30-2.30. **Advice on housing, benefits etc** and support available with free coffee/tea

For more info: Milly – 07827 668 971 email: admin@at-the-hub.co.uk

Tudorville & District Community Centre Walford Ave HR9 5PZ

Every Thurs 11.30-16.00

Ross Meeting Centre Dementia Group

Friendship, fun and activities for people with dementia and carers. Quizzes, games, armchair exercises, crafts, indoor gardening, music & singing plus a simple lunch - booking essential £15 per couple. **Contact:** Elaine Leney: 07506 992971 rossmeetingcentre@gmail.com

Every 3rd Thurs of month

11:30-15:00

Carer Drop-in Clinics

A safe space for carers to come and chat to our care advisors and access information, advice and signposting.

Further info:

Carer Links - Crossroads

Together

www.crossroadstogether.org.uk

First Fri of month 14.00-15.30

Ross Memory Café

A comfortable, social gathering allowing people experiencing memory loss and their families/carers to socialise & build support networks. Cost: £5 per couple incl. refreshments & activities - no need to pre-book **Further info:** Elaine Leney: 07506 992971 rossmeetingcentre@gmail.com

Bridstow Village Hall HR9 6PZ

1st Weds of each month

Coffee Morning: Fundraising for new facilities for St Bridget's Church, Bridstow

Last Fri of month 14.00-15.30

Ross Dementia Carers Group

For anyone caring for a loved one who has dementia. We create an informal, safe space where you can share concerns without judgement, find peer support and make friendships. No need to book, just come along where a warm welcome awaits you.

Further info: Elaine Leney:

07506 992971

rossmeetingcentre@gmail.com

The Venue Hill Street HR9 7AD

Every Tue, Wed, Thur

18:00-20:00

Basement Youth Trust Youth club

open to all 11-17 year olds. Sports, fun and loads of supervised activities. Free entry. **Further info:** www.facebook.com/RossBYT

The Royal Hotel HR9 5HZ Table 28

Every Mon & Weds 10.30

Ross SOLO Group

For anyone living on their own, the SOLO Group welcomes you for a friendly chat and cuppa - Table 28 in the Royal. Free to join – there is always someone there to greet you. We regularly organise cinema, theatre, coach trips, garden parties, lunches, walks, games events, evening meals.

Further Info: 07947 065247 or email rosssologroup@gmail.com

Walford Village Hall, Ted Allen Room HR9 5QS

Every Tuesday 9.00-13.00

Oh Sew Busy Bees Sewing Group

- Bring your sewing project and enjoy company and advice. £5 session. **Info:** Tel: 07947 065247

ohsewbusybees@gmail.com

Want to support us by volunteering, joining or donating?
Visit www.rosscdt.org.uk or call 01989 313002

What's On *Get involved!*

Ross Town Council Offices Cantilupe Road, HR9 7AN

1st & 3rd Tues 9.30-15.30

Herefordshire Veteran Support Centre – Ross Drop-In Hub

Whether you're a veteran, a serving member returning to civilian life or a family member seeking advice, support guidance or simply someone to talk to, the team is here to help. No appointment needed – just come along for a warm welcome and confidential support.

Further Info: community@rosstc-herefordshire.gov.uk

Women's Institute

Upton Bishop WI meet 2nd Tuesday of each month, 7.00-9.00pm at The Hub, St Mary's Garden Village, HR9 7WP.

Bishopswood WI meet 2nd Friday of each month, 4.00-6.00pm at Bishopswood Village Hall.

Sparkling Wye WI meet 2nd Wednesday of each month, 7.30-9.30pm at Ross Bowling Club.

Further Info on all WI meetings listed: 07947 065247

The Mill Race Pub, Walford HR9 5QS

1st & 3rd Weds 11.30-14.30

Bobbin' Along bobbin lace making & other crafts.

More info: Tel: 07947 065247

Ross Children's Centre The Ryefield Centre HR9 7QD

Tuesdays 9:30 - 10:30

Mums & Movers Yoga

Tuesdays 10:45 - 12:00
pre-book only

Post-Natal Yoga for Mums & Babies pre-book only

For Info on above: Tracy Pink
07977 494463

Tuesdays 13.00 -14.30 (term time only)

Together Time

More Info: Jayne Evans:
togethertimeross@gmail.com

Wednesdays 9:15 - 11:00

Health Visitor Drop-in Session

More Info: 01432 260700

(Mon-Wed)

childrencentreservices@herefordshire.gov.uk

Thursdays 13:30-15:00

Baby Stay & Play Session for

0-3 year-olds, led by the

Health Visiting Team

01432 260700 (Mon-Wed)

childrencentreservices@herefordshire.gov.uk

John Kyrle High School

Thursdays 6-7pm

Ross Walking Netball - women of all ages and fitness levels.

Further Info: Lucy 07794

676324 or email: lindsay.hacking@englandnetball.co.uk

hacking@englandnetball.co.uk

Ross Sports Centre Wilton Road HR9 5JA

Saturdays 10.00-11.00

Ross Juniors FC PAN

Disability Football Squad

Contact: Gareth Nutt:

gbnutt@gmail.com 07583 232656

Friends Meeting House Brampton Street HR9 7EQ

Every Sunday at 10.30

Ross Quaker Meeting

Further info: www.smquakers.org.uk/ross

RVS Tearooms - Pigs Alley

(between High St & Corn Exchange car park)

Tues & Thur 9.30-11.30

RVS Tearooms

Lonely, bored or just need a cuppa & a chat? Come along!

Raffles and days out. £1 a

cuppa. £5 annual membership

Further info: Tel: 07974

786457

Sellack Village Hall

Every 1st Thurs at 12.00

Sellack Good Neighbour Scheme Lunch

Two course lunch plus raffle - £8

Further info: Carole Ajinkya on 01989 565562 to book your place

Ross CDT is very grateful for support from these current and recent funders:



Ross-on-Wye
COMMUNITY DEVELOPMENT TRUST



@rosscdt

@rosscdt



Call our helpline
01989 313002



help@rosscdt.org.uk

Ross Good Neighbours is a project of Ross-on-Wye Community Development Trust, registered with the Charity Commission No. 1185655

Volunteer. Join. Donate.
www.rosscdt.org.uk